

PROTECTIVE FACE MASKS

NEW UNIFORM STANDARD FOR IMMEDIATE ADOPTION



MASK WASHING GUIDELINES

- Wash the mask as soon as possible after use
- Wash thoroughly for 30 seconds with soap and hot water (hot enough to tolerate)
- Rinse thoroughly and place to dry
- If possible, iron the mask to further disinfect

HOW TO USE/WEAR YOUR MASK

- Wash hands **before** applying and **after** removing the mask
- **Never** touch the mask or your face while wearing it
- Place mask with correct side facing your nose and mouth, covering both
- Secure firmly to your head, it must fit well and not move
- Once the mask is on, **DO NOT TOUCH YOUR FACE**
- After removing, fold inside out and place in a safe container
- Wash your hands thoroughly



IMPORTANT NOTE: MASKS MUST BE WORN IN CONJUNCTION WITH HANDWASHING, SOCIAL DISTANCING AND OTHER RESPONSIBLE COVID-19 PREVENTATIVE MEASURES.

These guidelines have been developed for educational purposes and is correct at the time of publication. It is not a substitute for professional medical advice. Should you have any questions or concerns refer to the SA corona virus website www.sacoronavirus.co.za or a registered medical practitioner.