

CORONAVIRUS

PREVENTATIVE MEASURES

THINGS TO DO



✓
DO wash and sanitise your hands frequently



✓
DO cough and sneeze into elbow or tissue, discard tissue immediately



✓
DO ensure food, including eggs, are thoroughly cooked



✓
DO utilise video conferencing and teleconferencing for meetings



✓
DO report symptoms of fever, coughing and shortness of breath

CORONAVIRUS HOTLINE: 0800 029 999

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PREVENTATIVE MEASURES

THINGS TO AVOID



AVOID close contact with sick people or people who have travelled



AVOID touching your face and shaking hands when greeting



AVOID cross contamination between raw and cooked products



AVOID raw meat, fish and unpasteurised dairy



AVOID travelling if you are sick and travelling to infected countries

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